

May news

our schedule has been updated for the summer - check online or at the studio for new classes, including Thursday evenings & Monday mornings are back!

2008

Give your mother the gift of health, Purchase a Gift Certificate over \$50 and get \$10 for yourself!



You don't really understand human nature unless you know why a child on a merry-go-round will wave at his parents every time around - and why his parents will always wave back.

pure barre

◆ MAY SPECIALS

May Days

◆ 4 wk UNLIMITED pkg - \$150 (includes pure barre & other classes)
◆ 30% OFF the entire store! (sale items up to 70% off)
Offer available May 1 - 3, stop in today!

* Pure Recipe *

Cowboy Caviar

- 1 - 15oz corn kernels
- 1 - 16oz Black eye peas
- 2 - Avocados - chopped
- 2/3 cup cilantro - fresh
- 1/2 cup tomatoes - chopped
- Green onion to taste

Dressing

- 1/4c olive oil
- 1/4c red wine vinegar
- 2 minced garlic cloves
- 3/4 tsp salt
- 1/8 tsp pepper
- 1 tsp ground cumin
- Mix - serve with chips & enjoy!

A man loves his sweetheart the most, his wife the best, but his mother the longest.

Pure Results - Patty Klarr

This month Pure Barre Northville is recognizing Northville native & mother of two teenage boys, Patty Klarr, as our Client of the Month! She has been attending Pure Barre since we opened in February 2007 and comes to at least 3 classes per week. At the time of first learning about Pure Barre, she was a member at Lifetime Fitness and would walk regularly at Maybury State Park. After reading our first article in the Northville Record, she decided to give PB a shot and she hasn't stopped taking class since! She said, "I think Lifetime is a great gym, but I was getting better results at PB and this is what works - the way it works transforms my body!" When we asked Patty what she liked about working out in a fitness studio, she replied, "the instructors give you attention and hold you accountable, they make you almost want to perform".



Thank you Patty for your continued support and for making Pure Barre Northville your fitness studio extraordinaire!!

A suburban mother's role is to deliver children obstetrically once, and by car forever after.



Feature Product - Brightly Twisted

This line is a little more casual than what we typically sell, but it's adorable! Plainly put its tie dyed clothing with a little added twist, a heart here or a star there.....just a tiny bit of character to make tie dye fashionably chic! Choose from long sleeve sheer henleys, yoga pants, capris, camis, girlie briefs and we can even special order Exersocks if you would like! Stop in soon to check them out....you'll love them!

Pure Barre Referral Rewards

~Refer a friend to Pure Barre, if they buy any package on their first FREE class visit you get one FREE class and 30% OFF one full price item!

~Refer 5 friends to Pure Barre and get one FREE class and 15% OFF one full price item!

Share the joy of a lifted seat this spring!

Making the decision to have a child is momentous. It is to decide forever to have your heart go walking around outside your body.

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